

Rome, 20 September 2022

Dear Sisters,

A fraternal greeting still with the flavour of the last meeting held. Thank you all for your participation and collaboration. With these lines we would like to send the link of the evaluation form presented during the meeting: <https://forms.office.com/r/mm9KmiLPyb> and remind you that it will be **available until September 30th**. It is very important for the commission the contribution of each one of you, experiences, impressions and suggestions. Thank you.

Furthermore, we continue to state that in this new phase we want the growth conversations to be an opportunity to share experiences of daily life in a supportive, accepting, safe and confidential environment. Where we are all enriched by each other's experience. A moment that can help us to explore our emotions, needs and discover new personal resources that help us in our personal process towards self-discovery, self-support and self-esteem. It is like a path of self-discovery through the "we" that will also help us to become more conscious and responsible for what we think, feel and do. And all of this will help us to generate experiences and responses that are different from what we have expected from ourselves up to now. For this purpose we attach the file with the presentation of the Growth Conversation that was given during the meeting.

We hope that during the month of October each claretian sister will have already identified the group (3 sisters in total) of growth. It is a gift in our journey. From the commission we accompany the search and remain available for any doubt or difficulty that may arise.

You can contact us at mar.adentro@claretianas.org

In this Gmail folder you can find the various materials sent and the materials from the meetings we are holding:

<https://drive.google.com/drive/folders/1ZoMwVJiWAZAT1UgSSnefEHC-dUXiTBqI?usp=sharing>

A fraternal embrace

Priscilla Latela, Mayte Garitagoitia, Thushari Wettasinghe, Anastasia Wio,
Anna Daszkowska, Ondina Cortés and Cecilia Medina

Commission of the "Congregational Path"