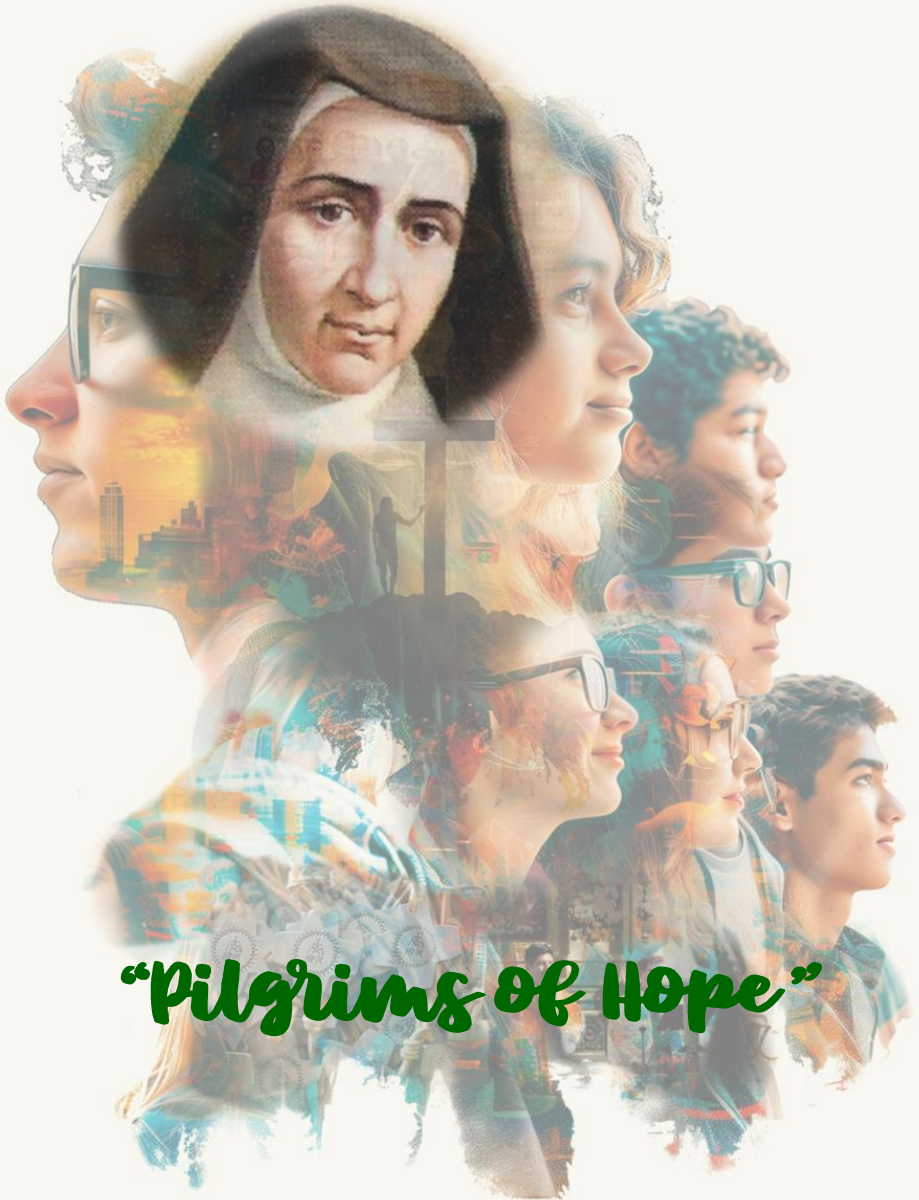


*With María Antonia París:
“To Hope Against All Hope”*



“Pilgrims of Hope”



Opening words

María Antonia París spent her entire life guided by divine promises and trust in God against all hope: *“He permitted me to go out without any other hope than to hope against all hope in His infinite providence and in his great goodness, sure that he would guide my steps toward the desired goal of my eternal happiness”*¹. She unknowingly was a “pilgrim of hope”.

On January 17, 1855, she entrusted her soul and life to God. 170 years later, in the context of the Jubilee 2025 celebration proposed by the Church, her spirit invites us to be pilgrims of hope.

With the opening of the Holy Door of St. Peter's Basilica on December 24, 2024, the door of hope has been opened wide, and God says to each one of us: *there is hope also for you!*².

Drawing from the many situations María Antonia lived through, personally and with the sisters and others, we walk hand in hand with her, remembering her words: *“to learn how to hope against all hope”*³.

In the face of a world that “suffers from a lack of hope”, we invite you to bring it into your heart and into the heart of the community. Hope in God is the hope that does not falter.

May, in this Triduum, María Antonia help us regain the necessary trust - both in the Church and in society - in interpersonal relationships, in the bonds between us and with others, in the promotion of the dignity of every person, and in the respect for creation.

May our faithful testimony be, in the world, a leaven of genuine hope. Let us allow ourselves to be drawn by hope from now on and let it become

¹ MAP, Autobiography, n. 107, p. 36.

² Homily of Pope Francis, December 24, 2024.

³ MAP, Autobiography, n. 218, p. 67.



contagious through us to all who desire it. May our lives say: “*Hope in the Lord! Hold firm, take heart and hope in the Lord!*”⁴.

Let us embrace the invitation of María Antonia: “**Learn to hope against all hope**”.

General Spirituality Team



Setting of the place where the Triduum will take place:

- The Triduum is prepared to be held during Lauds or Vespers, depending on what is most suitable for each place, with the participation of those who walk together with us. It can be adapted to be held on different apostolic platforms.
- A picture of the Mother Foundress.
- The Jubilee 2025 logo.
- A candle.
- An anchor for the second day.
- A staff, sandals, or a backpack for the third day.

⁴ Pope Francis, Bull of Indiction of the Ordinary Jubilee of the Year 2025 “*Spes non confundit*”, May hope fill your hearts, Ps 27:14, May 9, 2024.



1st day

With María Antonia París...

We live fraternity and solidarity



“ The whole world must be country for the missionary of Christ, because our Divine Redeemer came to redeem all, sending to preach the same Gospel all over the world ”⁵

Motivation

In the Apostolic Missionary, María Antonia París “commands” us to preach the same Gospel around the world, and invites us to live fraternity and solidarity with others and with each of the sisters.

In the Jubilee logo, there are four stylized figures representing humanity coming from the four corners of the earth. They are embraced, symbolizing the solidarity and fraternity that unites peoples.

⁵ MAP, “The Apostolic Missionary”, Part II (traveling and doing missionary work), n.10, p.4.



For María Antonia París, creating fraternity means: *“Be always kind, be respectful to everybody, adjust oneself to the disposition of the persons with whom one relates and be all for everybody in order to gain them all”*⁶.

Fraternity and solidarity go hand in hand. Thus the call to a preferential and solidary option for the poor⁷, is more than a fashion, a resolution in our projects or an urgent answer in some continents due to the unjust distribution of the richness in the world. It belongs to the core of the Gospel itself and of the Consecrated Life. It affects all of us, as a personal, communal, provincial and congregational option. Our heart and our love are shaped according to the criteria, values and relationships that we consider as more important⁸.

Only from solidarity and fraternity can we be pilgrims of hope.

Hymn: Pilgrims of Hope (Guillermo Gómez)

<https://www.youtube.com/watch?v=VU2GRDSsPJI>

If you want to fly,
Meaning to love,
Dreaming of a new world.
There're so close to you
Many like you,
light that dispels all fear.
Let's begin the journey,
Travel light, no need for more.
Peace, love and joy
To walk along.

***We're pilgrims of hope, with our
eyes fixed on the truth,
Renew our trust,
And our flame will never go out.
x2***

God has his own plan,
For each of us,
Happiness full of meaning.
Being a fraternity
To give away

⁶ MAP, “The Apostolic Missionary”, Part II (traveling and doing missionary work), n. 1, 5 and 8, p. 4.

⁷ Puebla Document 1979, n. 174.

⁸ Claretian Missionary Sisters, “Constitutions: Identity, memory and prophecy. Theological, historical and charismatic comments”, p. 44.



The talents we received.
He is the way, the Kingdom.
He's our destination.
Walking side by side,
No one's left behind.

Filled with pain, filled with
sadness.
It is the time to change,
So get on your way

We're pilgrims of hope...

We're pilgrims of hope...

We're deeply touched by this World

It will never, it will never, will never
go out. (x4)

Psalmody of the day

Ant. 1: Hope has not died, hope is alive, and it surrounds our life forever.

Ant. 2: In the heart of every person dwells hope as the desire and expectation of good.

Ant. 3: The door of hope has been flung wide open to the world.

Word of God (Rom 5:1-5)

Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ, through whom we have gained access by faith into this grace in which we now stand. And we boast in the hope of the glory of God. Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope. And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us.



Short Responsory

To hope, against all hope.⁹
To hope, against all hope.

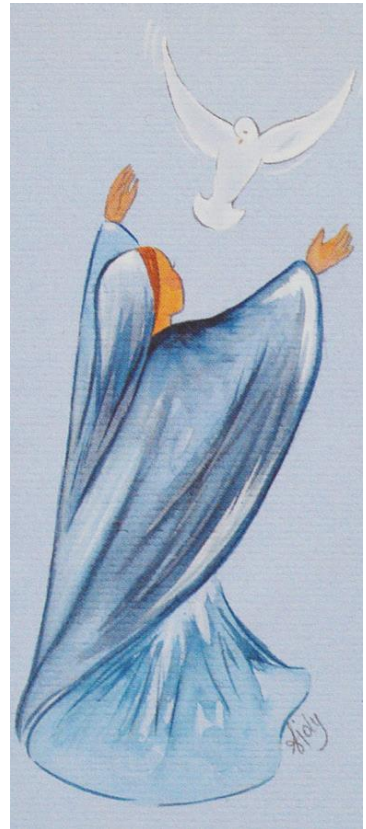
Magnificat

The *Magnificat* is the canticle of hope, the song of the People of God who walk through history. It is the song of all those who have faced the struggle for life, carrying in their hearts the hope of the little ones and the humble. Mary says: *“My soul proclaims the greatness of the Lord”*, today, the Church sings this, and it sings it all around the world. And Mary is always there, close to the people, walking with them, suffering with them, and singing with those who hope against all hope.

To be chosen by each community.

Sharing

In this moment, we can share a word, a phrase, a thought, or a request that arises from our hearts based on what has been prayed.



⁹ Claretian Missionary Sisters, CD “Os lo anunciamos”.



Our Father

Audio: <https://www.youtube.com/watch?v=Jzfug2oi01k&t=29s>

Final words of María Antonia París:

“I had made many facts of abandonment and selfoffering in the arms of the Divine providence in the midst of so many perils, being certain and most sure that God is never short of means to help his children in their necessities even in that immense space of waters where we had no other refuge than the violent waves. This faith so alive, that God has put in my soul made me rest in the midst of so many fights. And in this way God willed to show that the one who puts all his hope in his infinite power would never be confounded”¹⁰. Amen



¹⁰ MAP, Autobiography, n. 152, p. 49.



2nd day

With María Antonia París...

We cling to the cross as an anchor

“ The memory of the dangers from which God had delivered us, manifested more and more my hope in God ”¹¹



Motivation

One of the experiences that tested the faith and hope of María Antonia París was her journey to Cuba. In her autobiography, she tells us: *“This hope that the Lord has placed in my heart from my childhood has delivered me from so many dangers. My hope in God made me so happy that, when I lost sight of the Canarias islands, my heart rejoiced, because not seeing earth anymore, I was left only with my hope in God”*.¹²

She, like the first figure appearing in the logo, clung to the cross. It is the sign not only of the faith she embraces but also of the hope that can never be abandoned, because we always need it, especially in times of greatest need.

¹¹ MAP, Autobiography, n. 158, p. 51.

¹² Idem.



“The more we went into that immense sea of waters the more my spirit, plunged into the immense sea of God”¹³. The waves in the logo, which are in motion, show that the pilgrimage of life does not always go through calm waters. Many of the personal experiences that María Antonia lived required her to live the call to hope with greater intensity.

We return to the logo, notice how the lower part of the cross extends, transforming into an anchor, which then stands out above the movement of the waves. The anchor of hope is the name given in nautical jargon to the reserve anchor used by ships for emergency maneuvers that help stabilize the boat during storms.

Pilgrimage is not an individual act, but a communal one, marked by a growing dynamism that increasingly tends toward the cross. The cross is not static, but dynamic, curving toward humanity, reaching out to meet it and not leaving it alone, offering the certainty of presence and the security of hope.

Only from the cross can we be pilgrims of hope.

Hymn: Christ, the Anchor Strong and Firm (Boulogne)

<https://www.youtube.com/watch?v=va8ThY8MUH8>

Christ, the strong and firm anchor, in the furious storm;
When strong doubts blow and my sails give no more.
In grief and sorrow, when I suffer in pain;
I will hold fast to the anchor, for it will never move.

Christ, the anchor firm and strong, when the storm rages;
When temptation assails me and I seem to faint.
Deeper the anchor reaches than my guilt and my wickedness;

¹³ MAP, Autobiography, n. 159, p. 52.



I will hold fast to the anchor, for it shall never move.

Christ, the anchor firm and strong, beneath unbelief;
Faint not, my soul, on the cross you are secure.
It is my proof and certainty that His love will not fail;
My hope is in the anchor, for it shall never move.

Christ, the anchor firm and strong, when the final day arrives;
When glory at last opens wide and I may rest.
I shall cross the horizon safely with my God;
All will be calm then, no more storm.

He who died for me paid it all and washed my stains away,
With crimson blood (repeat).

Psalmody of the Day

Ant. 1: Hope is born of love and is founded on the love that springs from the Heart of Jesus, pierced on the cross.

Ant. 2: The Holy Spirit, with His constant presence on the journey of the Church, is the one who radiates the light of hope in the believers.

Ant. 3: Love is tested when difficulties increase and hope seems to crumble in the face of suffering.

Word of God (Heb 6:17-20)

Because God wanted to make the unchanging nature of his purpose very clear to the heirs of what was promised, he confirmed it with an oath. God did this so that, by two unchangeable things in which it is impossible for God to lie, we who have fled to take hold of the hope set before us may be



greatly encouraged. We have this hope as an anchor for the soul, firm and secure. It enters the inner sanctuary behind the curtain, where our forerunner, Jesus, has entered on our behalf. He has become a high priest forever, in the order of Melchizedek.

Short Responsory

Knowing the will of God, no difficulty is offered to me.
Blessed be my God, for so much goodness, for so much goodness

Sharing

What does it mean for me that Jesus is the “anchor of my life”?

Magnificat

To be chosen by each community.

Our Father

Prayer for the Church

*We know well, Jesus, that the Church is not
the precious building of our parish,
nor is it the chapel where we made our First Communion.
You have made us discover, Lord,
that the Church is this precious community,
a universal family that shares the faith
in the same Teacher and Friend.
Thank you for all those who have accompanied us
and continue accompanying us in faith,
help us to contribute to making us living communities.
Grant us, Lord, the grace to always feel like daughters, sons,*



*part of this communion from which we receive the faith
and the light for the path of life.*

*Help us, Lord, to find at every moment
our place in the Church,
not as mere spectators,
but as those who are committed to others,
especially the most vulnerable, as You have taught us.*

*We ask You for all those in the Church
who have a special mission,
that they may be faithful witnesses of Your love.*

*And we ask You, through the intercession of Venerable María Antonia París,
for all of us,*

*that with our prayer and service,
and from the vocation You have given us,
we may walk together and beautify its face.
Although You find nothing in us to offer You,
may Your Spirit make our prayer
and our commitment in everyday life
feel like a contribution, a force that makes run
the sap of Your goodness in the world. Amen.*





3rd day

With María Antonia París...

We are pilgrims of hope

“I say this for the new ones coming to us, to learn how to hope in God against all hope”¹⁴



Motivation

María Antonia reminds us in the Constitutions of 1869: *The mother teacher wonderfully shapes her novices from the beginning in the three virtues: faith, hope, and charity, from which all other virtues and evangelical perfection arise, and without them, all others are like a body without a soul... Faith enables them to walk without stumbling in the darkness and night of ignorance; hope teaches them to always live in the arms of divine providence (...) and charity encourages them to undertake the most difficult and perfect works, igniting in them a burning desire to work for the sanctification of their neighbors, without neglecting their own.”¹⁵*

¹⁴ MAP, Autobiography, n. 218, p. 67.

¹⁵ MAP, Const. 1869, Treaty III, Chapter 5, n. 19-20.



From the beginning, she wanted every missionary sister to be a pilgrim. And what does it mean to be pilgrims? *Those who go on pilgrimage seek above all to keep their eyes fixed on the goal, to keep it always in their mind and heart. To achieve that goal, however, they need to concentrate on every step, which means travelling light, getting rid of what weighs them down, carrying only the essentials and striving daily to set aside all weariness, fear, uncertainty and hesitation. Being a pilgrim means setting out each day, beginning ever anew, rediscovering the enthusiasm and strength needed to pursue the various stages of a journey that, however tiring and difficult, always opens before our eyes new horizons and previously unknown vistas.*

We set out on a journey to discover the love of God and at the same time to discover ourselves, thanks to an interior journey nourished by our relationships with others.

We are pilgrims because we have been called.

We are pilgrims of hope because we are pressing forward towards a better future, committed at every step to bringing it about.¹⁶

We are pilgrims when we open the doors of our heart.

We are pilgrims when we cling to the rope of hope, when we hold on to the anchor.¹⁷

¹⁶ Pope Francis, Message for the 61st World Day of Prayer for Vocations.

¹⁷ Pope Francis, words addressed at the opening of the Holy Door at Rebibbia prison to those deprived of liberty on December 26, 2024.



Official hymn of the Jubilee: Pilgrims of Hope

<https://www.youtube.com/watch?v=4ZYkBWE3r1g>

***Like a flame my hope is burning,
may my song arise to you:
Source of life that has no ending,
on life's path I trust in you.***

Every nation, tongue, and people
find a light within your Word.
Scattered fragile sons and daughters
find a home in your dear Son.

***Like a flame my hope is burning,
may my song arise to you:
Source of life that has no ending,
on life's path I trust in you.***

God, so tender and so patient,
dawn of hope, you care for all.
Heav'n and earth are recreated
by the Spirit of Life set free.

***Like a flame my hope is burning,
may my song arise to you:
Source of life that has no ending,
on life's path I trust in you.***

Raise your eyes, the wind is blowing,
for our God is born in time.
Son made man for you and many
who will find the way in him.

***Like a flame my hope is burning,
may my song arise to you:
Source of life that has no ending,
on life's path I trust in you.***



Psalmody of the Day

Ant. 1: Looking to the future with hope means having a vision of life full of enthusiasm to share with others.

Ant. 2: *Hope does not disappoint, never!*

Ant. 3: Setting out on the journey is a gesture of those who seek the meaning of life.

Psalm for the Journey (Emilio L. Mazariegos)¹⁸

To You, Lord, we present our dreams and efforts;
in You, our God, we trust,

we trust because we know You love us.

In trials, may we not yield to weariness,
may Your grace always triumph within us.

We always place our hope in You.

I know that You never let down those who trust in You.

Show us Your ways, Lord, teach us Your paths.

May paths of peace and goodness open in our lives,
paths of justice and freedom.

May trails of hope,
paths of equality and service, open in our lives.

Guide us faithfully, Lord.

Teach us, for You are our God and Savior.

Remember, Lord, that Your tenderness and loyalty
never end; do not recall our sins.

Remember us with Your loyalty,
because of Your great goodness, Lord.

¹⁸ The psalm of the office is replaced by the psalm of the journey.



You are good and upright,
and You show the way to the lost.
Lead the humble in righteousness,
teach the humble their way.
Your ways are loyalty and faithfulness
for those who keep Your covenant and commands.

Because You are good, forgive our faults.
When we are faithful to You, Lord,
You show us a sure way;
thus, we will live joyfully, and You will enrich our lives with Your
blessings.
You, Lord, trust us and always wait for us.
You, Lord, want us to truly be Your friends.

We have our eyes fixed on You,
who frees us from our bonds and attachments.
Turn to us and have mercy,
for we are lonely and afflicted.
Expand our constrained hearts
and deliver us from our distress.

Look at our struggles and our pain
and forgive all our sins.
Lord, guard our lives and free us from ourselves.
Lord, may we come out of our shells and move toward You,
and may we not be disappointed for having trusted in You.

Show us Your ways, Lord, You who are the Way.
Lead us on the path of truth,
You who are the Truth of humanity.
Awaken within us the source of our life,
You who are the Life of all that exists.



Word of God (1 Peter 3:8-17)

Finally, all of you, be like-minded, be sympathetic, love one another, be compassionate and humble. Do not repay evil with evil or insult with insult. On the contrary, repay evil with blessing, because to this you were called so that you may inherit a blessing. For, “Whoever would love life and see good days must keep their tongue from evil and their lips from deceitful speech. They must turn from evil and do good; they must seek peace and pursue it. For the eyes of the Lord are on the righteous and his ears are attentive to their prayer, but the face of the Lord is against those who do evil”. Who is going to harm you if you are eager to do good? But even if you should suffer for what is right, you are blessed. “Do not fear their threats; do not be frightened”. But in your hearts revere Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect, keeping a clear conscience, so that those who speak maliciously against your good behavior in Christ may be ashamed of their slander. For it is better, if it is God’s will, to suffer for doing good than for doing evil.

Short Responsory

I want nothing more. Nothing but Christ.
I want nothing more. Nothing. Nothing: Christ.

Sharing

We share the following questions: What do I learn from the hope of the Mother Foundress?

You can express it with a word, a gesture, or a symbol.



Magnificat

To be chosen by each community.

Peregrine Our Father

Our Father who art on the ways
may Your breath come to us
and watch over us, the pilgrims;
Your will be done,
both in the heat and in the cold.
Our daily journey,
enlighten it today.
Help us in our fainting,
as we help those who faint.
Do not let us fall into affliction
and deliver us from all evil.
Amen.

Prayer for the Claretian Missionary Sisters

Lord Jesus,
You who have called your daughters to follow Christ
in this family of Religious of Mary Immaculate Claretian Missionary
Sisters, grant them to live the charism faithfully:
in the ministry of evangelization, with constant devotion and dedication
to announce the Gospel to all creatures,
in the building of the Kingdom of God
and at this specific moment in our history
in the renewal of the Church through prayer, dedication and availability
of our whole being and our daily work



in fidelity to our consecration lived in:
poverty which liberates us from power and possessions;
in obedience which enables us to be living copies of Jesus Christ;
in chastity which fosters joy by being friendly to all;
and in community, with one heart and one soul
at the service of the communion of the Church.

We ask this through the intercession
of the Venerable María Antonia París
to whom you gave the grace to follow
in the footsteps of Christ our Good. Amen.





The Jubilee Prayer

Father in heaven,
may the *faith* you have given us
in your son, Jesus Christ, our brother,
and the flame of *charity* enkindled
in our hearts by the Holy Spirit,
reawaken in us the blessed *hope*
for the coming of your Kingdom.

May your grace transform us
into tireless cultivators of the seeds of the Gospel
May those seeds transform from within
both humanity and the whole cosmos
in the sure expectation
of a new heaven and a new earth,
when, with the powers of Evil vanquished,
your glory will shine eternally.

May the grace of the Jubilee
reawaken in us, *Pilgrims of Hope*,
a yearning for the treasures of heaven.

May that same grace spread
the joy and peace of our Redeemer
throughout the earth.

To you our God, eternally blessed,
be glory and praise for ever.

Amen.



Materials that can be used:

Jubilee website:

<https://www.iubilaeum2025.va/en/pellegrinaggio/calendario-giubileo.html>

On this page, you can find the logo and prayers in various languages.

Songs

Pilgrims of hope in Spanish:

<https://www.youtube.com/watch?v=PRZLEk02bjQ>

Pilgrims of hope in English:

<https://www.youtube.com/watch?v=VU2GRDSsPJI&t=1s>

Other songs

Alza la vista: Hymn for the Jubilee 2025 (Youth Madrid):

<https://www.youtube.com/watch?v=2-0wBkLPDA0>

LUCE (“Light”) in Italian is the official mascot of the Jubilee 2025. This female character has blue hair and wears a yellow raincoat, symbolizing “traveling through life's storms.” It also references the flag of Vatican City.





**RR. Mary Immaculate
Claretian Missionary Sisters**